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January 9, 2020 by JENNY SUGAR 67 Shares









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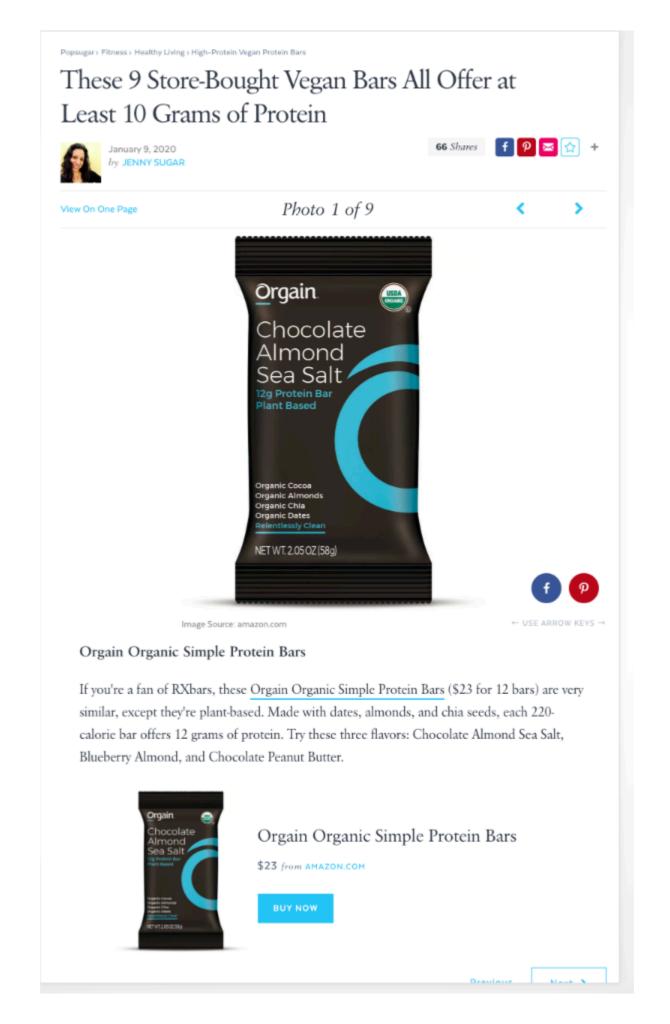


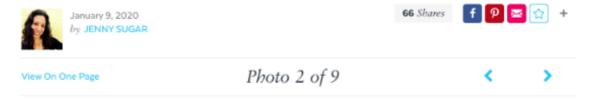


Image Source: Aloha

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If you're eating a vegan diet or just want to eat more plant-based foods, but you're also worried about getting enough protein, stock your pantry, purse, or gym bag with these protein bars. They all offer a quick and delicious way to get at least 10 grams of hunger-satiating, muscle-building protein.











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Image Source: amazon.com

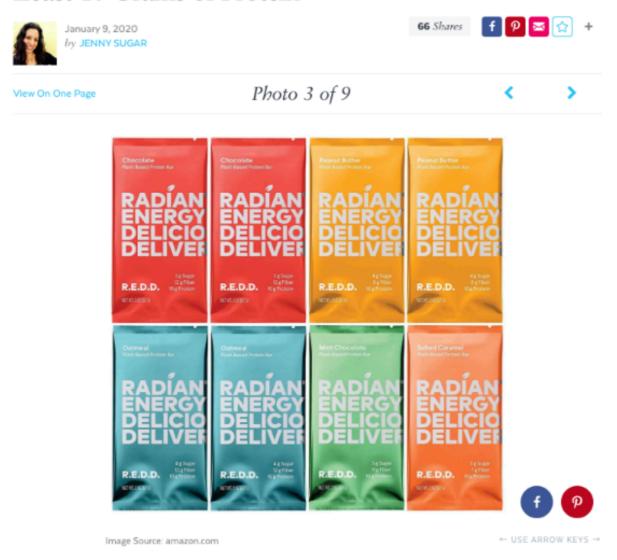
Larabar Protein Bar

These <u>Larabar Protein bars</u> (\$14 for 12 bars) are made with the same simple ingredients you love from regular Larabars, but contain pea protein. They come in four flavors: Apple Cobbler, Chocolate Peanut Butter Cup, Lemon Blueberry Muffin, and Almond Butter Chocolate Brownie. A 210-calorie bar offers 11 grams of protein.



Larabar Protein bars

\$14 from AMAZON.COM



REDD Protein Bar

For a soft and chewy gluten-free snack, pick up some REDD Vegan Protein Bars (\$23 for eight bars). They're made with a blend of pea, hemp, and pumpkin seed protein and a 210-calorie bar offers 10 grams of protein. They also offer probiotics. Choose from these delicious flavors: Cinnamon Roll, Peanut Butter, Oatmeal, Mint Chocolate, and Salted Caramel.



REDD Vegan Protein Bars

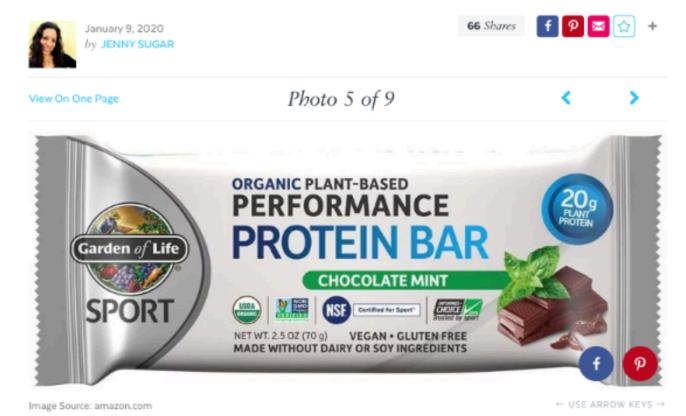
\$23 from AMAZON.COM



Vega Protein Bar

If you're a fan of Vega Protein Powder, you'll quickly become a fan of these Vega Plant-Based Protein Bars (\$27 for 12 bars). They seriously taste like a candy bar! A 290-calorie bars offers an outstanding 20 grams of protein, so they're perfect to throw in your gym bag when you need something substantial to eat in a hurry. Made from a blend of pea and brown rice protein, these bars come in Chocolate Peanut Butter and Salted Caramel.





Garden of Life Performance Protein Bar

For another quick dose of protein, reach for a Garden of Life Organic Plant-Based

Performance Protein Bar (\$25 for 12 bars). The protein in these bars comes from pea,
almonds, and sprouted brown rice. Enjoy these bars in Chocolate Mint, Chocolate Fudge, Sea
Salt Caramel, and Peanut Butter Chocolate.

Garden of Life Organic Plant-Based Performance Protein Bar



\$25 from AMAZON.COM



Aloha Organic Protein Bar

Say hello to these Aloha Organic Protein Bars (\$18 for 12 bars) made with organic brown rice protein and organic pumpkin seed protein. A 240-calorie bar offers a whopping 14 grams of protein! They come in delicious flavors such as Peanut Butter Chocolate Chip, Caramel Sea Salt, Chocolate Chip Cookie Dough, and Vanilla Almond Crunch.





ONE Plant Protein Bars

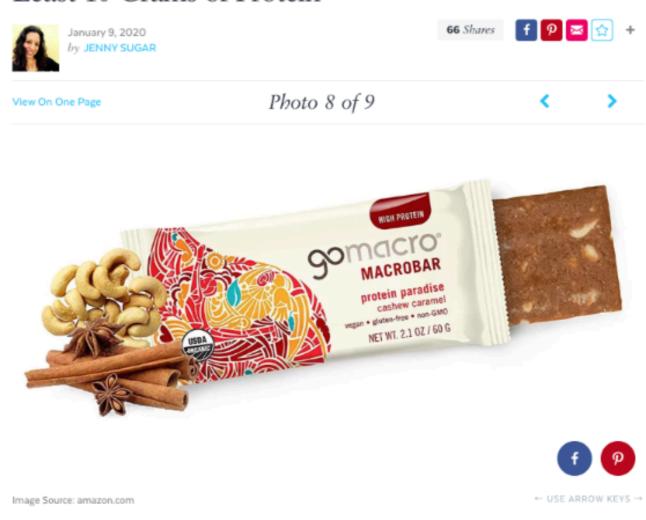
With flavors like Chocolate Peanut Butter and Banana Nut Bread, these ONE Plant Protein

Bars (\$28 for 12 bars) won't let you down. They taste like a candy bar, yet they only have one gram of sugar. A 175-calorie bar offers 12 grams of plant-based protein.

ONE Plant Protein Bars



\$28 from AMAZON.COM



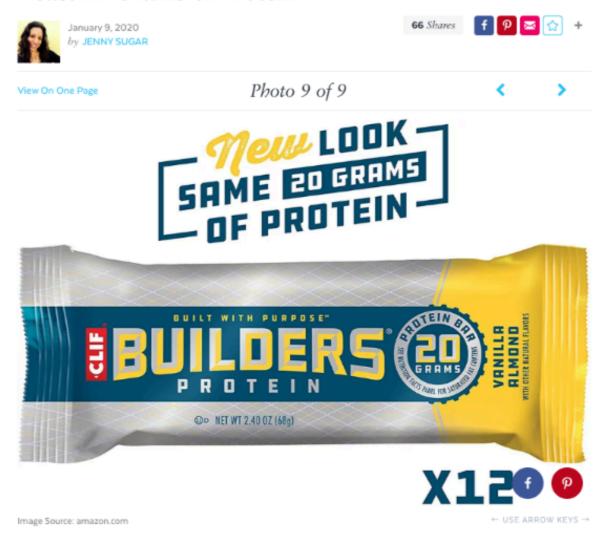
GoMacro Organic Vegan Protein Bar

Chewy and sweet, GoMacro Organic Vegan Protein Bars (\$30 for 12 bars) come in tons of delicious flavors including Cashew Caramel, Maple Sea Sat, Sunflower Butter & Chocolate, and Banana & Almond Butter. Each bar is around 220 calories and offers 12 grams of protein.

GoMacro Organic Vegan Protein Bars



\$30 from AMAZON.COM



Clif Builder's Protein Bar

When you need something a tad more substantial, like a min-meal, go for these <u>Clif Builder's</u>

Protein Bars (\$18 for 12). A 290-calorie bar offers 20 grams of protein. Enjoy these crowdpleasing flavors: Vanilla Almond, Chocolate, Cinnamon Nut Swirl, and Chocolate Peanut
Butter.

