

Crush Your November Health and Fitness Goals With These Must-Have Products

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GoMacro MacroBars

"If I'm being honest, I eat most bars out of necessity. Rarely do I actually crave one – unless it's a GoMacro MacroBar. These vegan and gluten-free bars are packed with clean ingredients like nut butter, dates, and oats, and they also taste damn delicious. So delicious that they feel like a treat, rather than needed postworkout fuel. Since it's so hard to choose a favorite flavor, I recommend the [MacroBar Sampler Pack](#) (\$35), which contains 11 different flavors. Warning: the peanut butter chocolate chip bar is addictive." – MF