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THE OPRAH
MAGAZINE

LIVE YOUR BOLDEST LIFE!
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Feeling Good



Earth to SNACKERS!

These sustainability-minded finds let you *treat yourself and Mother Nature.*

BY *Cathryne Keller*



GOMACRO BARS

FOR YOU: With real-food ingredients, these ultrachewy vegan energy bars come in flavors for every craving, from mocha chocolate chip to banana and almond butter. And their subtle sweetness will satisfy your sugar craving in a balanced way.

FOR THE EARTH: GoMacro prioritizes reforestation (it's planted more than 40,000 tree seedlings), it donated 280,000 pounds of food scraps to local farms in 2017, and the sleeves on its boxes are produced with wind power. (\$3; gomacro.com for stores)
