THE MANUAL

Forget the Cup: 8 Delectable Ways to Eat Your Coffee

We're in a life-long love affair with coffee. But so is most of America. The average person in the U.S. drinks two to three cups of coffee a day, and why not? Sweet bean water is one of our favorite things alongside genuine leather bags and top-shelf whiskey. Coffee is also healthy for us, as several studies surmise that coffee drinkers are less likely to die prematurely than non-coffee drinkers. Espresso shots all around!

Along with the jolt, we love coffee for the taste. However other ... bodily ... factors deter us from becoming part of the 2 percent who drink 11 or more cups a day.

So we sought out the best natural coffee-inspired and coffee-infused foods that can be noshed on morning, noon, and noche. (Not in the vein of Lay's terrible cappuccino chips that rightfully crashed and burned.) Caffeinate and savor.

GoMacro Mocha Chocolate Chip Bar



Coffee gets us up in the morning. For many, it helps open our eyes and whispers, "You got this!" Thanks, coffee. Easy to eat on the go (and not spill on your work slacks), this GoMacro Mocha Chocolate Chip bar can actually replace your morning coffee. GoMacro, the 100-percent vegan, gluten-free, organic, and soy-free bar company using hella fresh ingredients came out with the coffee-infused bar in January, leaning on notes of freshly roasted whole bean coffee and fair-trade chocolate for a snack that has 10 grams of protein and a caffeine boost. The bar is equal in buzz to half a cup of coffee, which makes for a great afternoon pick-up.